2015 IAGD FALL MEETING & MASTERTRACK

“Occlusion Based on Biologic Models of Health”
with Dr. James Gerner
along with Dan Klimesh, BDT

JAMES GERNER DDS FICD, FAGD
1978-1992 as Clinical Instructor in the Dept. Of Periodontics at Creighton University
1978-1979 as Assistant Clinical Professor at Creighton University
1980-1992 as Assistant Clinical Professor Fixed Prosthodontics at Creighton University
1993-1994 as President Omaha District Dental Society
1994 as teacher in the Graduate Center for Professional Development
1977 to Present in Private practice
1996 to Present Faculty in Orognathic Bioesthetics International, Inc.

DAN KLIMESH, BDT
1986-1989 as Maxillofacial Surgical Assistant in the US Navy Okinawa, Japan
1989-1990 at the School of Dental Laboratory Technology in the US Navy San Diego.
1990-1992 at the One Billet Lab Tech at the Naval Air Station in Brunswick, ME
1992 to Present as a Dental Laboratory Technician with Esthedontics, Inc. in Cedar Rapids Iowa

“A special thank you to all faculty, past and present, who have aided in my continued knowledge and personal growth in a field I truly embrace.”

LECTURE

“Occlusion Based on Biologic Models of Health”
Friday, October 23, 2015
8 hours AGD Occlusion Lecture Credit — IBDE pending final approval

Understanding occlusion and its effects on the Temporomandibular Joints as well as the airway has become essential for dentists today. Owning the ability to diagnose the causes of tooth wear and other chewing system disharmony enables the clinician to offer a more comprehensive and predictable approach to patient health and well-being. Participants will witness the incredible health benefits that are possible from a biological-based approach to diagnosis and treatment. Based on extensive research and observation of the human chewing system, bioesthetics gives you the tools to treat today’s challenges with confidence and long-term success.

You will achieve an understanding of how the chewing system works based on an Optimum Biologic Model of health. Naturally occurring long lasting occlusions will be presented in all age groups from children to senior citizens.

COURSE OBJECTIVES FOR LECTURE:
• Why is occlusion important?
• Why is a Condylar Stability important?
• What are the Guidelines and Principles of Occlusion that can be applied to all cases in an effort to diagnose and treat with confidence? What is the relationship of the size and form of the Airway relative to Sleep Disordered Breathing and nocturnal bruxism?
• How does this apply to the everyday dental treatment of our patients?
• Presentation of Naturally Occurring Long Lasting Occlusions in all age groups.
• Understanding health versus disease.
• Location and size of occlusal contacts based on long lasting natural occurring dentitions.
• Understanding the role on CBCT Scans in analysis of the Airway.

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Julie Berger, Executive Director
3622 McLaughlin Drive • Lincoln, NE 68516
(O/F) 402.438.2321
julieberger50@gmail.com
New website for the Iowa AGD!

The IAGD Board of Directors is excited to announce the launch of our new website! We have mapped out a simplified strategy for developing a very user-friendly, professional and clean website. Most importantly we will be adding more great value to our Iowa AGD community, members and future members. The new site will be an integral tool keeping our members connected during our continued growth.

The website format will be designed to help you easily stay informed about our courses, legislative topics, contact information for IAGD Officers, membership directory, current issues of “Dentistry in General” and many other helpful resources. We look forward to providing a great resource to keep you informed and connected with Iowa AGD. The new web address is www.iowaagd.com.

President's Message

There are two great annual meeting themes this year: “Always the Best” from the recent Iowa Dental Association meeting in Des Moines and even better “A Golden Opportunity” from the upcoming Academy of General Dentistry meeting in San Francisco. These themes perfectly describe the commitment to excellence I have found among my colleagues in the Academy of General Dentistry and the amazing golden opportunity for education and fellowship provided by the AGD MasterTrack program.

In my own quest to always provide the best care for every patient every day, I have participated in many excellent study groups and continuing education programs around the country. I only regret that I began the AGD MasterTrack program so late in my career. I encourage all general dentists to take advantage of this truly golden opportunity for world-class training and education. Contact our executive director, Julie Berger, to sign up for the next course October 23rd through the 25th in Des Moines.

Join us for an AGD Board of Directors meeting. The next one will be the evening of October 22nd prior to the fall meeting. We welcome your participation and are sure that we will benefit from your knowledge and experience as much as you will enjoy learning and growing with this great organization.

Richard Nelson DDS, President IAGD
Executive Director’s Update

Summer is almost here!

The IAGD is off to a great start in 2015 and I’d like to offer a warm hello to all the Iowa dentists who are receiving the Spring Issue of the award winning publication “Dentistry in General.” We have great things going on in the IAGD and want all Iowa dentists to know about our activities.

In March of this year, we completed yet another successful Mastertrack weekend with Dr. Karl Koerner. Dr. Koerner also packed the lecture on Friday, March 20th and our 2015 Annual meeting was a huge success! We had one of the biggest attendances in years for the lecture and heard many positive comments from the exhibitors. If you haven’t been to an IAGD Annual Meeting in a few years, you won’t want to miss 2016.

We are excited to have Dr. James Gerner as our featured speaker for the fall Mastertrack. The dates are October 23-25th. Brochures have already been mailed out and all the information is also posted on our website at www.iowaagd.com. Also mark your calendars for March 11-13, 2016 for the IAGD Annual Meeting featuring world renowned speaker, Dr. Joseph Massad. Dr. Massad will be talking about the “Latest Concepts in Implants and Overdentures”. If you are interested in attending the weekend course, I strongly encourage you to register early. We have sold out every weekend since we started the Mastertrack. Don’t delay in registering...plus take advantage of huge membership discounts by registering early. Information for the March 2016 lecture/Mastertrack will be available in the fall. (We already have a waiting list! 😊)

Congratulations to your new officers who were elected at the March Annual Meeting. Your new officers are: President — Dr. Rick Nelson, President-Elect — Dr. Kelly Huston, Vice President — Dr. Chad Johnson, Immediate Past President — Dr. Chad Wagener, Membership Chair — Dr. Dona Prince, Dental Care Chair — Dr. Philip Andersen, Constitution & Bylaws Chair — Dr. John Arend, Editor — Dr. Jon Hardinger, Treasurer — Dr. Ryan Hussong, CE Chair — Dr. Craig Driver, Legislative Chair — Dr. Steve Thies, Mastertrack Chair — Dr. Steve Burds, Student Membership Chair — Dr. Carol Moreno and Drs. Deb Oldham, Patty Meredith and Carlin Lawhead, Members-At-Large. Special thanks to Dr. Chad Wagener for serving as President this past year. THANK YOU to all the Board members for your continued service on the IAGD Board of Directors.

2015 has already been a busy year for the IAGD. We sponsored the IDA/University of Iowa Golf Outing on April 30th along with attending the IDA meeting as an exhibitor. We once again received the AGD Mini Grant which we used to help launch the “Save the Date” postcard which you all should have received by now.

I am excited to announce that we have 18 doctors who will be receiving their Fellowship and 3 doctors receiving their Mastership in San Francisco in June at the AGD Annual Meeting. Those members receiving their Fellowship are: Drs. Karla Thole-Bechtold, Steve Burds, Amy Groeltz, Laila Buck, Christopher McDonald, Niels Oestervemb, Carrie McKnight, Michelle Cook, Lindsay Brown, Kirstina Gratz, Roberto Moreno, Debra Oldham, Leigh Rasmussen, Eric Recker and Chad Wagener. Those receiving their Mastership are: Drs. Scott Baumann, Kristen Berning and Amy Wilken-Heying. Congratulations to you all on these huge honors!

Thank you for allowing me to be your Executive Director and be a part of this wonderful organization. So many great things are happening with the Iowa AGD and there are more to come!!! You have such a dedicated Board of Directors and they work very hard on your behalf. And we again have some FABULOUS continuing education happening right here in Iowa!

I’ve said this before and I will say it again... get involved! Your input is important and valuable. You have chosen to be a part of an elite organization, one where together we CAN make a difference. If you haven’t been to a meeting in a few years, I invite you to join us! If you’re considering joining the AGD, now is the time! We welcome you to join us! Please feel free to contact me at any time. You can reach me at 402-438-2321 or julieberger50@gmail.com.

Happy Summer!

Julie Berger, Executive Director, IAGD

Senior Student Award IAGD

The IAGD Board has awarded the 2015 AGD Student Award to Orhan Suljic as nominated by the faculty of the Department of Family Dentistry at the University of Iowa College of Dentistry. He wrote, “I plan on practicing in Des Moines and in Grimes, Iowa. A classmate and I are purchasing a dental practice that has those two locations. We are excited and nervous about this wonderful opportunity.”

Congratulations to the recent graduate!

IAGD Editor Dr. Jon Hardinger

Dr. Mike Murrell, Student Orhan Suljic and Dr. Patricia Meredith
The Academy of General Dentistry (AGD) February 2015 Joint Council Meetings began Friday, Feb. 6, at the JW Marriott Chicago with introductory comments by AGD President W. Carter Brown, DMD, FAGD, who reiterated the importance of keeping the AGD current with trends in models of reimbursement. He said that the traditional fee-for-service model is being replaced with value-based purchasing, and that value is reimbursement tied to performance, quality, appropriate utilization, and patient satisfaction. Dr. Brown said, “Our dental environment and expectations are changing due to outside influences and from within, from paradigm shifts including technology and consumer desires. We must be ahead of these and be ready to respond and not just react.”

We broke out into our respective councils, the Communications Council for me, with AGD Editor Roger D. Winland, DDS, MS, MAGD, and Communications Council Chair Bruce L. Cassis, DDS, MAGD. AGD Public Relations Manager Lauren Henderson happily reported that 585 million consumers were reached by various media outlets in fiscal year 2014. The radio news service includes trained spokespersons who reached 213 million listeners, also in fiscal year 2014. The council was asked to approve 10 new AGD spokespersons to be trained in 2015. We discussed the current strategies on sponsored continuing education (CE) courses, an effort by all the AGD councils to keep CE at the forefront. We gave input into ideas for articles in AGD Impact, so you can look for future articles about antibiotics and the Affordable Care Act and dentistry. General Dentistry will feature articles about using vinyl polysiloxane to create borders on complete dentures, low shrinkage composites, root caries, and management of complications from oral surgery.

Our council heard three presentations by firms helping us with branding, and we chose Greenfield/Belser Ltd. to research and make recommendations for a new logo and tag line. Later, the AGD Board approved this request to proceed by funding the first phase of the process. This firm is known for creating the nutrition labels we see on food products. The company will incorporate the AGD’s updated strategic plan, expected to be approved this summer, in its proposal.

Otice Z. Helmer, DDS, MAGD, is on the Communications Council, and he goes annually to Israel. We sat down together early Friday morning to talk enthusiastically about my Israel trip in November. Further, there was a taste of Israel, ancient millstones as artwork, right outside our meeting room by the elevators. I write of these millstones, which speak as a metaphor of working together, which our organization must do harmoniously. I had learned a better way of looking at millstones lately. Manual millstones are operated by two people whose coordinated actions grind the wheat to make fresh bread. So instead of the daily grind, these millstones speak of harmony.

Our council was happy to hear about the new release of “You’ve Graduated, Now What? A Guide to Navigating Those First Years in the Dental Profession,” by the talented in-house staff at the AGD. This online second edition of the AGD’s student book was created for AGD member dentists to download.
As Spring is now showing us the color and vibrancy of nature, I’m excited to bring some new life to the teaching of expanded functions for dental assistants. After meeting with the IAGD Board, I learned some of the common problems Iowa dentists have utilizing expanded functions following a didactic course. The main problem related to me is that the assistants leave the course being ill-prepared to perform the clinical tasks required of them, despite the scientific, historical, and technical background learned. It is clear to me that more hands-on training is required for the assistants to connect the science with the actions we practice. The new lectures provide a great foundational background and also allow more time for discussion and hands-on demonstration.

Expanded functions for dental assistants are powerful practice builders. As you know, there are many benefits dentists enjoy when they utilize dental assistants to their full potential. First, the dental assistant is more engaged in patient care and becomes a leader for her other assistants. Office revenue is optimized as doctor chair time is reduced. Nitrous oxide/Oxygen sedation monitoring is safe and efficient. Implemented properly, dental assistants performing expanded functions offer many economic benefits to the dental practice. The right dental assistant(s) with the right training make a hectic day at the office run seamlessly.

As an AGD member dentist you have committed a lot of your time and money to continuing education. The journey of Fellowship and Mastership is an awesome experience, one I’m just beginning. I feel that AGD dentists are more likely than non-members to promote continuing education for their teams and advancing dentistry. For that reason, I’m happy to give AGD members a 15% discount on the course tuition.

The normal price for the full 2 day class is $425 which covers all 9 topics. If the DA takes only Thursday class or a Friday only class it is $240. Nitrous Oxide/Oxygen sedation monitoring alone is $200.

I have found a classroom at the FFA Enrichment center in Ankeny. They are new with modern AV equipment. After I tackle a couple courses I would like to offer a separate hands-on class for those interested.

Interested members may contact me by phone at 319-400-3332 or by email at tesenedentaleducation@gmail.com

I look forward to being a part of your dental assistant’s education.

Best,
Joe Tesene MS, DDS

Dear IAGD Members,

As Spring is now showing us the color and vibrancy of nature, I’m excited to bring some new life to the teaching of expanded functions for dental assistants. After meeting with the IAGD Board, I learned some of the common problems Iowa dentists have utilizing expanded functions following a didactic course. The main problem related to me is that the assistants leave the course being ill-prepared to perform the clinical tasks required of them, despite the scientific, historical, and technical background learned. It is clear to me that more hands-on training is required for the assistants to connect the science with the actions we practice. The new lectures provide a great foundational background and also allow more time for discussion and hands-on demonstration.

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I look forward to being a part of your dental assistant’s education.

Best,
Joe Tesene MS, DDS

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Recently, the Iowa AGD was contacted by the Iowa Donated Dental Services (DDS) Program. The Iowa DDS poised for significant growth thanks to additional funding through the state legislature, but we need to add more volunteer dentists and more eligible patients in order to put those extra funds to use.

The Iowa AGD Board of Directors would like to encourage you to consider donating your time and talents!

"When you really get down to it, helping someone like that, with no expectations in return, is really allowing me to give back to society in appreciation for the good life that dentistry has given me."

The Iowa Donated Dental Services (DDS) Program, a direct-service program of Dental Lifeline Network Iowa that coordinates free, comprehensive dental care for people with disabilities or who are elderly or medically fragile, recently received additional state funding to double its scope of services. Volunteer dentists — who treat pre-screened patients in their own office, scheduled through a DDS case manager who also coordinates specialty care and donated lab work — donate their time and talents to help vulnerable Iowans who can’t otherwise obtain dental care. Despite the 232 Iowa dentists who currently volunteer for Iowa DDS, more volunteers are needed all over the state to meet the goal of helping over 200 people this fiscal year. IAGD invites you to try just one case, which does more than restore oral health — the DDS Program can truly change someone’s life! Contact Iowa DDS Coordinator Diane Wells or call 515-251-8000 to volunteer today. (http://dentallifeline.org/iowa/)

On behalf of the Iowa AGD Board of Directors, if you don’t participate in the DDS program, we encourage you to consider providing such a worthwhile service to people in your community.

Sincerely,

Dr. Kelly Huston, Public Information Officer, IAGD

Here’s what IAGD Board member Dr. Philip Andersen writes: “I have participated in the Donated Dental Services for the last 5 years. I have had nothing but positive experiences with the program. I generally see about 2 patients a year. Periodically I am sent a patient profile to look at. There is no pressure on me to treat the case, they simply ask that I let them know within a few weeks whether this is a case that I feel comfortable treating or not. Once I see the patient, I let DDS know the treatment plan and if there is any lab work involved. They contact my lab (which participates in the program) to clear it with them, and it is done for free. I am currently on my second case for this year, which has involved removal of several teeth for an upper denture and a lower partial. After the treatment is completed, I let the program know. They are careful to let the recipients know that this is a “one time” benefit to get them caught up and have a healthy mouth again, so this takes the pressure off of the participating dentist to have to continue with free dentistry for this person indefinitely. The thing I like about that is that this allows me to decide whether I want to continue to provide free dentistry on my own, and doesn’t leave the patient assuming that they will be getting free dentistry for life.”

Dr. Andersen continues: “All of my DDS patients have been very appreciative, and I have received notes of thanks from just about all of them. I would say that seeing these patients is a rewarding experience for them and me, because I am able to help someone who otherwise might be in misery and it makes me feel really good! When you really get down to it, helping someone like that, with no expectations in return, is really allowing me to give back to society in appreciation for the good life that dentistry has given me.”
Continued from page 1.

2015 IAGD FALL MEETING & MASTERTRACK

HANSD-ON TRAINING
“Diagnosis made simple using an Accurate Articulator System”
Saturday & Sunday, October 23 & 25, 2015
16 hours AGD Occlusion Participation Credit — IDBE pending final approval

Participants will learn where the occlusal contacts belong, where to adjust and where not to adjust. Clinicians will understand the parameters for diagnosis of occlusal disharmony, TMJ dysfunction, and the relationship to Obstructive Sleep Disorders.

PARTICIPATION OBJECTIVES:
• How to take accurate bite registrations of archival quality. (Demonstration and Participation).
• The Esthetic Plane of Occlusion, the Functional Plane of Occlusion & how they often differ.
• How to record the EPO accurately. (Demonstration and Participation)
• How diagnosis from a stable condylar position differs from a preliminary diagnosis.
• The role of Diagnostic Photographs. What views are important? Digital Camera Systems
• Mounting of the participant’s models using the EPO and CR Records.
• Preliminary Diagnosis of the Participants models.
• The differences between Equilibration and Coronaplasty.
• Additive Coronaplasty and Subtractive Coronaplasty.
• Restoring Optimal Function to worn dentitions.
• The limitations of the usefulness of subtractive Coronaplasty and why?
• Based on a Biologic Model were to adjust and where not to.
• The Location and Size of occlusal contacts. Areas where there should not be contact.
• How to diagnose occlusal disorders and parafunction.
• The role of occlusion in restoring dental implants.
• The importance and role of anterior proprioceptive tooth guidance, horizontal and vertical overbite.
• Participants will be adjusting a set of models of an actual patient using both subtraction and addition.
• Presentation of actual restorative cases ranging from minimal dentistry to full mouth rejuvenation.

Course Registration Form

2015 IAGD FALL MEETING & MASTERTRACK
October 23, 24 & 25, 2015
A block of sleeping rooms have been reserved at the Hilton Garden Inn for $109 until September 30, 2015. Ask for the Iowa AGD rate. To make reservations, call 515-270-8890.

COURSE FEES:
AGD Dentists:
Lecture Only $ 350
(Register by August 6th and receive a $50 member only discount: $300)
Non-AGD Dentists:
Lecture Only $ 650
AGD Dentists:
Entire 3 day Event Lecture & Hands-on $1,850
(Register by August 6th and receive a $200 member only discount: $1,650)
(Includes materials and meals. Lodging not included)
Non-AGD Dentist:
Entire 3 day Event Lecture & Hands-on $2,500
(Includes materials and meals. Lodging not included)
Staff Member/Assistants/ Hygienists $ 75
Dental Students $ 35
Lab Techs $ 125
Total Amount Paid

Please mail registration form and payment to: IAGD, 3622 McLaughlin Drive, Lincoln, NE 68516. Or you can fax your registration with credit card to 402.438.2321. Registration can be taken over the phone with a credit card. Don’t forget to take advantage of HUGE member only discounts if you register by August 6th! A $40 processing fee will be applied to all persons requesting a refund. No refunds will be issued after October 1.

Name ____________________________
Staff ____________________________
Address __________________________ City __________ State ___ Zip _________
Phone___________________________ Fax ______________________
E-mail (required)__________________
AGD # ____________________________ Non-Member: _______ Yes
PAYMENT METHOD
Check (made payable to the Iowa AGD)______ Credit Card ________ Credit Card Type________
Credit Card #_______________________ Expiration Date ________ Code on back _________
Credit Card Address (if different from above)__________________________
Credit Card City, State & Zip (if different from above)_________________
Phone (if different from above)________________________ Fax (if different from above)_________
Signature ___________________________ Date ________________________
IAGD Spring Continuing Education Meeting with Dr. Karl Koerner

Door Prizes at the IAGD Spring 2015 Meeting

Several Vendors and the IAGD Contributed Prizes.

Dr. Sarah Hoban — $25 Outback Steakhouse
Dr. Eric Recker — $25 Outback Steakhouse
Dr. Janet Boyes — $15 Bath and Body Works
Dr. Katie Naberhaus — $10 Apple iTunes
Dr. James Vigneron — $25 Barnes and Noble
Dr. Dennis Yossi — $25 Kohl’s
Diane Smith — VOCO Bond
Dr. Andrew Heinisch — Fancy Mason Beverage Jars
Dr. Michelle Cook — Cookie Bouquet
Dr. Patricia Meredith — Swimming Pool Inflatable
Dr. John Clary — Beach Mat
Dr. Kyle Connelly — DPS Dinner
Dr. Deepika Verma — Beach Mat
Dr. Maegan Scott — $50 Oral Arts
Dr. Carlin Lawhead — $10 Apple iTunes
Dr. Roberto Moreno — $10 Apple iTunes
Dr. William McBride — $10 Starbucks
Dr. Robin Hildebrand — $15 Bath and Body Works
Dr. Laila Buck — $25 Kohl’s

On Friday, March 20th the Iowa Academy of General Dentistry held its Spring Annual session at the Hilton Garden in Johnston, Iowa along with a continuing education course on oral surgery for the general dentist by Dr. Karl Koerner. I attended the lecture portion on Friday, but there were 18 more Mastertrack doctors who continued on Friday night 6:30 pm to 9 pm and Saturday from 8 am to 5 pm. This is more hours than is allowed in a day of work for many people! This overtime was made possible by the goodwill of an excellent teacher, fine facilities, and dedicated doctors. The Patterson Dental Supply Company invited us to use their facility in the evening.

Dr. Koerner’s teaching style allowed for contemplative questions which made for pleasant learning and conversation with his class. In one instance he asked, “Now how would you approach this extraction with what you have learned in lecture today?” I answered, “The small Cryer elevators.” These were presented to aid in the elevation of a distal root once the mesial is gone. Their size keeps the back end from being used as a fulcrum on adjacent tooth structures or restorations. I needed to hear this because I recently used my regular size “flag” or Cryer elevator and the adjacent silver restoration came out! I should have had this course first!

His question, however, was to bring to our minds the value of using a thin oral surgery bur, the USA # 700 with a high speed to remove mostly tooth structure down the bur, the USA # 700 with a high speed to remove mostly tooth structure down the root to gain a purchase point and luxate. I had used the #703 for years, but will try the #700 with my Impact Air now that he has explained its use.

He taught us to be careful not to use too much force in our extractions and gave examples where a sharp Luxator slipped and pierced the facial artery causing delayed bleeding into the submandibular facial spaces. He reiterated that the Luxator goes apically and elevators interproximal.

He explained the most efficient manner to loosen a tooth with a forceps from the socket was 10 seconds of pressure in each direction, not rapid back and forth movements. He said at one University that the professor would walk the clinic watching for a student’s hand moving back and forth too quickly. If this was seen they were called to the wall, where a lesson on time and pressure was given. The student was instructed to press against the wall for 10 seconds, until they learned what this felt like in real life.

His attitude throughout the course reminded us to be calm under the pressure of the day and to think through what we are doing.

He presented suturing methods, hemostatic agents, dry socket medication, maxillary and mandibular third molar removal on a young person, and placement of bone for ridge preservation. Generally he uses a small bite block so that the patient can stabilize their jaw during surgery. He feels that this has minimized the complication of trismus after surgery. In suturing he said, “It is much easier to use the flat beak needle holder than an irregular grip of a hemostat.” He spoke of the rule of three, and this reminded the clinician to bite into the loose tissue first at 3 mm from the border and come into the adjacent tissue 3 mm, then throw twice to make the first overhand knot. This holds the first throw in place while you tie the next one. When the knot is complete the suture is cut 3 mm from the knot. This was from Contemporary Oral and Maxillofacial Surgery Fifth Edition, Peterson, Ellis, Hupp and Tucker. Mosby 2008.

I had planned to ask Dr. Koerner if there was anything new about leaving granulation tissue and the eruption cyst after extractions, and he commented on this before I asked. He said that it is important to remove the eruption cyst. We don’t want to leave behind cells which potentially resorb bone, become a cyst or a tumor. He also said that he routinely uses a surgical spoon to remove unhealthy socket tissue which reduces bleeding. In one instance he showed the removal of unhealthy gingival papilla in a complete mouth extraction.

Dr. Koerner showed literature which supported giving 1000 mg amoxicillin an hour before bone grafting procedures, and to clean the socket with Peridex and place tetracycline powder. It was interesting to have Kelly Huston share his dental school experience with a patient given Amoxicillin by the emergency department for a dental
abscess and this was associated with an increase in the patient’s bleeding time to an INR of 12. (The mechanism for this might be disruption of Vitamin K absorption when healthy bacteria are missing.) This was a good point for us all to know because of the number of patients given this drug at emergency departments and then seeing us for an extraction. I believe this is another reason to use gut friendly Penicillin. INR can be checked bedside and this $20 test (at the University Of Iowa College Of Dentistry) is covered by medical insurance with a $1500 device from Roche. The test strips are $6. Dr. Koerner’s slide on Plavix was very helpful to me, it explained that Plavix and Aspirin are platelet inhibitors and primarily affects the arterial flow, not venous flow of blood. What we use the INR for is interpretation of clotting in venous blood flow affected by Warfarin. The dental literature supports doing 3 or 4 extractions at a time with patients on warfarin who’s INR must be under 3.

Since I became a Wellness participant, I have done more extractions lately and this lecture was very helpful to review the basics of oral surgery. I congratulate Dr. Koerner for his contribution to my practice and to our state constituent. Dr Koerner can be reached at karkkoerner@comcast.net and his web page is www.oralsurgeryservices.com

IAGD Board from left to right: Drs. Carlin Lawhead, Steve Burds, Philip Andersen, Carol Moreno, Richard Nelson, Kelly Huston, Chad Johnson, Dona Prince, Jon Hardinger, Patricia Meredith, and Chad Wagener
The Academy of General Dentistry has an annual Hill Day Event in Washington DC. This year the event was April 13 and 14. Academy legislative members from selected states come to Washington to meet with their respective legislators to discuss dental issues of special interest. As the legislative chairman for Iowa, I attended and met with our legislators and their staff.

Most importantly this is an opportunity for me to present dental issues and their effect on Iowa patients and dentists. Of lesser importance and personally relevant, it is a civics lesson for me that provides insight into the political process. It is very easy to think only of our dental issues and the seemingly obvious solutions to them. However, attending the AGD preparation seminars and meeting with the legislators quickly educated me about the political process, other issues affecting the political process, and other parties with their own viewpoints and issues. The political process and the interests of other parties deserve consideration. There is a bigger picture and my own concerns are a small part of the picture. Compromise and understanding are necessary to achieve a result.

I met with Senator Grassley’s two staff members and with Senator Ernst’s staff.

Editors Comments on Donated Dental Services

I spent preparing for this newsletter I wish to tell you about a call from Dr. Dick Hettinger, my dental school classmate who urged me to have an article about Donated Dental Services in this issue of the newsletter. He reflected on the value we have to offer these selected patients, and the satisfying feeling of providing donated dental services. There are many good reasons to participate and they are contained in an accompanying ad for Iowa DDS in this newsletter. Dick is also the State of Iowa Chair of the IMOM and was president of the IDA in 2008 and for all of this he was awarded the 2015 recipient of the Distinguished Service Award at the Iowa Dental Association meeting in Des Moines. So, in accord with his request please carefully read the inserted literature about Dental Lifeline Donated Dental Service.

Editors Comments on the Wellness Program

I was sitting at a study club meeting this winter and the subject of Iowa Wellness came up and being the only Wellness participant at that table I felt the need to correct some misstatements I heard about the program.

The first statement I heard was that a Wellness member might lose their benefit mid treatment and all of the work started could not be finished. In answering this I said that any person who has a benefit plan can lose it at a month’s notice. However, most of the Wellness members stay on the program. In fact, one patient for whom we started making dentures, lost their eligibility and on our request Iowa Wellness allowed us to complete and to be paid for that service.

I went on to say that Wellness beats regular dental plans in many respects. There is no deductible, no yearly maximum, rapid payment on services completed, and there is a nice bonus for participating in the online assessment. Yes, the reimbursement is 70% of my normal fees, but I made more overall income by doing more dentistry and receiving the annual bonus. From May through the end of 2014 I had about $50,000 in Iowa Wellness adjustments and I did 131 online assessments and received just less than $7,000 as a bonus. In this same time period, Delta Wellness Email Newsletter reported 14,500 PreVisers were completed. The odd thing is that some of my colleagues who see Wellness patients did not participate in the online assessment. Let me help them see the benefit to their practice.

Basically the assessment is a report on the big three which are decay, gum disease and oral cancer. I have incorporated this concept to my regular patients and I say something about this to them at their periodic exams by telling them my own assessment based on their dental history. Every patient I have discussed this with thanked me for my comments. The actual online program for this is available for all patients from PreViser for an annual fee of $249.

My staff member told me that she will be glad to tell other offices about our good experience. Give her a call at 641 423 6172 and ask for Tiffany.

IAGD Legislative Chair
Stephen Thies DDS
IAGD 2015 Member Anniversaries

50 Years
James Miller DDS, MAGD, Keokuk

45 Years
Thomas Malone DDS, Sioux City
Richard Haw DDS, FAGD, Sumner

40 Years
C. Fredrick Fuller DDS, Des Moines
John Barlow DDS, Cherokee
Richard Downs DDS, FAGD, Dubuque
Richard Reay DDS, Johnston

35 Years
John Clary DDS, Ames
David Gimer DDS, FAGD, Iowa Falls
R. Michael Wertz DDS, FAGD, Dubuque
Chris Lundell DDS, FAGD, Dubuque
John Kramer DDS, FAGD, Dubuque

30 Years
David Davidson DDS, FAGD, Urbandale
Stephen Forrest DDS, FAGD, Clive
Rodney Snavely DDS, Des Moines
Robert Hurley DDS, MAGD, Carter Lake

25 Years
Douglas Recker DDS, Hiawatha

20 Years
Larry Long DDS, West Des Moines
Shin-Ing Tu DDS, North Liberty

15 Years
John Thornton DMD, Cedar Rapids
Beau Beecher DDS, Cedar Falls
Justin Hampton DDS, Ames
Matthew Hansen DDS, Mason City
Cheryl Straub-Morarend DDS, Coralville

10 Years
Hayley Harvey DDS, Des Moines
Christian Strohmeyer DDS, Dubuque
Chadwick Johnson DDS, FAGD, Altoona
Brandon Patten DDS, Ames
Abby Gehl DDS, Maquoketa

5 Years
Roberto Moreno DDS, West Liberty
Joseph Wertz DDS, Dubuque
Ashley Edwards DDS, West Des Moines
Lacey Greenwald DDS, Keokuk
Sarah Hoban DDS, Manson
Todd Lundy DDS, Pella
William McBride DDS, FAGD, Dubuque
Lindsey Meyer DDS, Manchester
Jeremiah Phams DDS, Grimes

5 Years, continued
Karla Thole-Bechtold DDS, Sioux City
William Wever DDS, Ainsworth
John Wilmes DDS, Decorah

New Members
Tanner Flaherty DMD, Bettendorf
Megan Grier DDS, Williamsburg
Paula Kral DDS, Cedar Rapids
Mary Dawson DMD, Iowa City
Scott McNaughton DDS, Iowa City
J. Colt Sweeten DDS, Council Bluffs
Jeff Goodrich DDS, Iowa City
Katie Naberhaus DDS, Carroll
Peter Stanley DDS, Coralville
Eric Barnes DDS, Mason City
Ian Bell DDS, Iowa City
Dan Branson DDS, Dubuque
Michael Mehlhoff DDS, Davenport
Brian Miller DDS, Albia
Zachary Stecklein DDS, Manchester
Kandy Thomas DDS, Chariton
Abbie Bagenstos DDS, Holstein
Janet Boyes DDS, Iowa City
Nicholas Brummer DDS, Iowa City
Matthew Coen DDS, Newton
Katy Cook DDS, Des Moines
Ames Cross DDS, Coralville
Laura Edwards DDS, Iowa City
Connor Elmitt DDS, Johnston
Staci Friese DDS, Keota
Jessica Grabovski DDS, Sioux City

Anniversary Recognition: Drs. Robert Hurley, John Clary, Chad Johnson, Roberto Moreno, Ashley Edwards, Sarah Hoban, and Will McBride

David Gugliano DDS, Iowa City
Lauren Harvey DDS, Des Moines
Andrew Heinisch DDS, Iowa Falls
Daniel Henrich DDS, Cedar Rapids
Jacob Hopper DDS, Indianola
Alisha James DDS, Iowa City
Doug Johnson DDS, Marion
Thao Kieu DDS, Davenport
Kristina Kilburg DDS, Bettendorf
Amber McCarville DDS, Cresco
Katie Nagel DDS, Cedar Rapids
Keira Nicholson DDS, Iowa City
Paul O’Kane DDS, Pella
Eric Popp DDS, North Liberty
Brandon Rook DDS, Bloomfield
Alyson Siegrist DDS, Wesley
Jessica Stark DDS, Saint Charles
Justine Stemper DDS, Coralville
Heather Stillman DDS, Emmetsburg
Kai Wang DDS, Des Moines
Ashlynn Whetstone DDS, Coralville
Jessica Wilke DDS, Monona
Levi Zarbano DDS, Sergeant Bluff
Cody Winterholler DDS, Sioux City
Maegan Scott DDS, Pella
Carrie Teahan DDS, Davenport
Micah Vermeer DDS, Pella
Brian Howe DMD, Iowa City
Fate Jabbari DDS, Wapello
Tanisha Brown DDS, Iowa City
Jessica Martens DDS, Denison
Kristi Oudekerk-Bock DDS, Denison
Leigh Bailey-Werner DDS, Waterloo
Iowa AGD
3622 McLaughlin Drive
Lincoln, NE 68516

IOWA ACADEMY OF GENERAL DENTISTRY
FUTURE IAGD CE/MASTERTRACK DATES

October 23-25, 2015
Fall IAGD Mastertrack
Dr. James Gerner,
along with Dan Klimesh, BDT

Friday Lecture:
“Occlusion Based on Biologic Models of Health”

Hands-on Training:
“Diagnosis made simple using an Accurate Articulator System”

March 11-13, 2016
IAGD Annual Meeting
Dr. Joseph Massad

Friday Lecture:
“Latest Concepts in Implants and Overdentures”

Hands-on Training:
“Impressions to Record Making to Delivery of the Complete & Implant-Retained Restorations”

Visit our IAGD website at www.IowaAGD.com for more information on future courses. Or contact the IAGD Office at 402.438.2321 or at info@IowaAGD.com

Opinions expressed are those of the writer and not necessarily those of the IAGD Board.